

# CVB BSB 05/26: Session: 4: COACH Evaluation sheet for TEAM: BSB

Coachinfo: Warming up from: 12:45 untill 14:00. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hassan Rahatab HEADCOACH

Coaches: Kubinek Ondrej COACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:2, starttime: 14:15**

**Heat: 2/5 Lane : 2 Athlete: THORSSON IVAN Q-time: 99:99:99**

**PB (25m pool): no time PB (50m pool): no time SB: no time**

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

**Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:5, starttime: 14:29**

**Heat: 5/5 Lane : 1 Athlete: IMAI HARUKI Q-time: 02:51:21**

**PB (25m pool): no time PB (50m pool): no time SB: no time**

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
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Coach feedback:

**Event number: 5: 50M BACKSTROKE MEN 11+ Heat:4, starttime: 15:06**

**Heat: 4/6 Lane : 1 Athlete: THORSSON IVAN Q-time: 00:39:60**

**PB (25m pool): 00:39.60 Hannuit 28/03/2026 PB (50m pool): no time SB: 00:39.60 Hannuit 28/03/2026**

	25 M	50 M
PB		00:39.60
	<i>00:39.60</i>	
	.....	.....

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH Evaluation sheet for TEAM: BSB

<b>Event number: 5: 50M BACKSTROKE MEN 11+</b>		<b>Heat:4, starttime: 15:06</b>
<b>Heat: 4/6 Lane : 2 Athlete: MACDONALD WILLIAM</b>		<b>Q-time: 00:38:54</b>
PB (25m pool): 00:38.54 Wildersportcomplex 16/03/2025 PB (50m pool): no time SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:38.54
	00:38.54	
	.....	.....

Coach feedback:

<b>Event number: 5: 50M BACKSTROKE MEN 11+</b>		<b>Heat:5, starttime: 15:07</b>
<b>Heat: 5/6 Lane : 2 Athlete: TAYLOR JOSHUA</b>		<b>Q-time: 00:35:80</b>
PB (25m pool): 00:35.80 Ternat 30/03/2025 PB (50m pool): no time SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:35.80
	00:35.80	
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Coach feedback:

<b>Event number: 5: 50M BACKSTROKE MEN 11+</b>		<b>Heat:6, starttime: 15:09</b>
<b>Heat: 6/6 Lane : 5 Athlete: BIN AHMAD KAMAL ADAM</b>		<b>Q-time: 00:33:14</b>
PB (25m pool): no time PB (50m pool): no time SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>
PB		no time
	no time	
	.....	.....

Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:2, starttime: 15:13</b>
<b>Heat: 2/5 Lane : 1 Athlete: MACDONALD LOUISE</b>		<b>Q-time: 00:46:53</b>
PB (25m pool): 00:46.53 Aarschot 26/04/2026 PB (50m pool): no time SB: 00:46.53 Aarschot 26/04/2026		
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:46.53
	00:46.53	
	.....	.....

Coach feedback:

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<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>			<b>Heat:2, starttime: 15:13</b>
<b>Heat: 2/5 Lane : 6 Athlete: POLLMEIER ISABELLA</b>			<b>Q-time: 00:46:76</b>
PB (25m pool): 00:46.76 Hannuit 28/03/2026		PB (50m pool): no time SB: 00:46.76 Hannuit 28/03/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:46.76	
	00:46.76		
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Coach feedback:

<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:4, starttime: 15:42</b>
<b>Heat: 4/8 Lane : 5 Athlete: MACDONALD WILLIAM</b>				<b>Q-time: 01:15:98</b>
PB (25m pool): 01:15.98 Wildersportcomplex 16/03/2025		PB (50m pool): no time SB: 01:17.68 Vilvoorde 05/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>
PB		00:36.57		01:15.98
	00:36.57		00:39.41	
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Coach feedback:

<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:5, starttime: 15:44</b>
<b>Heat: 5/8 Lane : 2 Athlete: TAYLOR JOSHUA</b>				<b>Q-time: 01:11:45</b>
PB (25m pool): 01:11.45 Ternat 30/03/2025		PB (50m pool): no time SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>
PB		00:35.54		01:11.45
	00:35.54		00:35.91	
	.....	.....	.....	.....

Coach feedback:

<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:6, starttime: 15:46</b>
<b>Heat: 6/8 Lane : 2 Athlete: IMAI HARUKI</b>				<b>Q-time: 01:07:56</b>
PB (25m pool): 01:07.56 Vilvoorde 05/10/2025		PB (50m pool): no time SB: 01:07.56 Vilvoorde 05/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>
PB		00:31.71		01:07.56
	00:31.71		00:35.85	
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Coach feedback:

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<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:7, starttime: 15:48</b>	
<b>Heat: 7/8 Lane : 3 Athlete: HUNT THOMAS</b>				<b>Q-time: 01:00:46</b>	
PB (25m pool): 01:00.46 Ternat 30/03/2025			PB (50m pool): no time SB: 01:00.90 Leuven 12/10/2025		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:29.21		01:00.46	
	<i>00:29.21</i>		<i>00:31.25</i>		
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:2, starttime: 15:54</b>	
<b>Heat: 2/8 Lane : 1 Athlete: MACDONALD LOUISE</b>				<b>Q-time: 01:34:50</b>	
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		no time		no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:2, starttime: 15:54</b>	
<b>Heat: 2/8 Lane : 4 Athlete: BAULCOMB ZOE</b>				<b>Q-time: 01:29:03</b>	
PB (25m pool): 01:29.03 Vilvoorde 05/10/2025			PB (50m pool): no time SB: 01:29.03 Vilvoorde 05/10/2025		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:41.74		01:29.03	
	<i>00:41.74</i>		<i>00:47.29</i>		
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:3, starttime: 15:57</b>	
<b>Heat: 3/8 Lane : 1 Athlete: POLLMEIER ISABELLA</b>				<b>Q-time: 01:25:56</b>	
PB (25m pool): 01:25.56 Aarschot 26/04/2026			PB (50m pool): no time SB: 01:25.56 Aarschot 26/04/2026		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:40.35		01:25.56	
	<i>00:40.35</i>		<i>00:45.21</i>		
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Coach feedback:

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<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:3, starttime: 15:57</b>	
<b>Heat: 3/8 Lane : 2 Athlete: BIRKISDOTTIR SIGURLAUG LILJA</b>				<b>Q-time: 01:25:02</b>	
PB (25m pool): no time		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 11: 50M BUTTERFLY MEN 11+</b>			<b>Heat:3, starttime: 16:22</b>		
<b>Heat: 3/5 Lane : 4 Athlete: THORSSON IVAN</b>			<b>Q-time: 00:37:03</b>		
PB (25m pool): 00:37.03 Aarschot 26/04/2026		PB (50m pool): no time		SB: 00:37.03 Aarschot 26/04/2026	
	<b>25 M</b>	<b>50 M</b>			
PB		00:37.03			
	<i>00:37.03</i>				
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Coach feedback:

<b>Event number: 11: 50M BUTTERFLY MEN 11+</b>			<b>Heat:3, starttime: 16:22</b>		
<b>Heat: 3/5 Lane : 6 Athlete: MACDONALD WILLIAM</b>			<b>Q-time: 00:43:03</b>		
PB (25m pool): 00:43.03 Dilbeek 11/05/2025		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>			
PB		00:43.03			
	<i>00:43.03</i>				
	.....	.....			

Coach feedback:

<b>Event number: 11: 50M BUTTERFLY MEN 11+</b>			<b>Heat:4, starttime: 16:23</b>		
<b>Heat: 4/5 Lane : 3 Athlete: BIN AHMAD KAMAL ADAM</b>			<b>Q-time: 00:32:18</b>		
PB (25m pool): no time		PB (50m pool): no time		SB: no time	
	<b>25 M</b>	<b>50 M</b>			
PB		no time			
	<i>no time</i>				
	.....	.....			

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH Evaluation sheet for TEAM: BSB

<b>Event number: 11: 50M BUTTERFLY MEN 11+</b>		<b>Heat:4, starttime: 16:23</b>	
<b>Heat: 4/5 Lane : 4 Athlete: IMAI HARUKI</b>		<b>Q-time: 00:32:57</b>	
PB (25m pool): 00:32.57 Hannuit 28/03/2026		PB (50m pool): no time SB: 00:32.57 Hannuit 28/03/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:32.57	
	00:32.57		
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Coach feedback:

<b>Event number: 11: 50M BUTTERFLY MEN 11+</b>		<b>Heat:4, starttime: 16:23</b>	
<b>Heat: 4/5 Lane : 5 Athlete: TAYLOR JOSHUA</b>		<b>Q-time: 00:32:98</b>	
PB (25m pool): 00:32.98 Dilbeek 11/05/2025		PB (50m pool): no time SB: no time	
	<b>25 M</b>	<b>50 M</b>	
PB		00:32.98	
	00:32.98		
	.....	.....	

Coach feedback:

<b>Event number: 11: 50M BUTTERFLY MEN 11+</b>		<b>Heat:5, starttime: 16:24</b>	
<b>Heat: 5/5 Lane : 3 Athlete: HUNT THOMAS</b>		<b>Q-time: 00:26:41</b>	
PB (25m pool): 00:26.41 Hannuit 28/03/2026		PB (50m pool): no time SB: 00:26.41 Hannuit 28/03/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:26.41	
	00:26.41		
	.....	.....	

Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>		<b>Heat:2, starttime: 16:28</b>	
<b>Heat: 2/6 Lane : 3 Athlete: BAULCOMB ZOE</b>		<b>Q-time: 00:45:22</b>	
PB (25m pool): 00:45.22 Hannuit 28/03/2026		PB (50m pool): no time SB: 00:45.22 Hannuit 28/03/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:45.22	
	00:45.22		
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Coach feedback:

# CVB BSB 05/26: Session: 4: COACH Evaluation sheet for TEAM: BSB

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>			<b>Heat:3, starttime: 16:30</b>		
<b>Heat: 3/6 Lane : 1 Athlete: BIRKISDOTTIR SIGURLAUG LILJA</b>			<b>Q-time: 00:44:35</b>		
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	<b>25 M</b>	<b>50 M</b>			
PB		no time			
	<i>no time</i>				
	.....	.....			

Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>			<b>Heat:3, starttime: 16:30</b>		
<b>Heat: 3/6 Lane : 3 Athlete: POLLMEIER ISABELLA</b>			<b>Q-time: 00:42:84</b>		
PB (25m pool): 00:42.84 Hannuit 28/03/2026		PB (50m pool): no time SB: 00:42.84 Hannuit 28/03/2026			
	<b>25 M</b>	<b>50 M</b>			
PB		00:42.84			
	<i>00:42.84</i>				
	.....	.....			

Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>			<b>Heat:4, starttime: 16:32</b>		
<b>Heat: 4/6 Lane : 3 Athlete: MACDONALD LOUISE</b>			<b>Q-time: 00:40:66</b>		
PB (25m pool): 00:40.66 Aarschot 26/04/2026		PB (50m pool): no time SB: 00:40.66 Aarschot 26/04/2026			
	<b>25 M</b>	<b>50 M</b>			
PB		00:40.66			
	<i>00:40.66</i>				
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Coach feedback:

<b>Event number: 13: 200M MEDLEY MEN 11+</b>						<b>Heat:4, starttime: 16:50</b>		
<b>Heat: 4/5 Lane : 1 Athlete: BIN AHMAD KAMAL ADAM</b>						<b>Q-time: 02:48:28</b>		
PB (25m pool): 02:48.28 Vilvoorde 05/10/2025			PB (50m pool): no time SB: 02:48.28 Vilvoorde 05/10/2025					
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		02:48.28
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH Evaluation sheet for TEAM: BSB

<b>Event number: 13: 200M MEDLEY MEN 11+</b>							<b>Heat:5, starttime: 16:53</b>	
<b>Heat: 5/5 Lane : 5 Athlete: HUNT THOMAS</b>							<b>Q-time: 02:39:65</b>	
PB (25m pool): no time			PB (50m pool): no time				SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:2, starttime: 17:02</b>	
<b>Heat: 2/5 Lane : 2 Athlete: BAULCOMB ZOE</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time				SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:2, starttime: 17:02</b>	
<b>Heat: 2/5 Lane : 5 Athlete: BIRKISDOTTIR SIGURLAUG LILJA</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time				SB: no time	
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: